



# **FEB 10 3-5PM**

# **ESSENTIAL OIL**

# **LOVE**

## **Essential Oils Workshop**

Join us for this 2 hour class in which you will learn all natural remedies for:

1. Self-care
2. Homecare and
3. First aid and common ailments

Dr. Laura Varga and Stephanie combine their knowledge of healing to bring you this empowering class so you can begin to incorporate this important natural medicine into your life!



**JUST BREATHE**

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**Essential Oils  
Workshop**

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**\$35 pre-  
registration/ \$40  
day of**

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**Includes a  
takeaway!**

**JUST BREATHE  
WELLNESS STUDIO**

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[www.justbreathejuno.com](http://www.justbreathejuno.com)